



Elementary School Boy's Beginner Fall Lacrosse League

Beginner Elementary Boy's Box Lacrosse will consist of a 1/2 hour of instruction and is followed by a 1 hour game one day a week. Box Lacrosse is a fast paced 6v6 arena game. All 5 field players play offense and Defense. With a smaller field and off the wall play, this league will be sure to improve any individual's fundamental skills, and endurance. Box lacrosse also improves the understanding of offensive and defensive strategies which will translate to a better understanding of outdoor lacrosse. All players will receive a lacrosse jersey. Loaner Lacrosse gear will be provided if needed free of charge.

10 Week program beginning week of September 14 – November 23, 2009

20 Player Maximum Enrollment

6 to 1 Player-Coach Ratio

Fridays

4:00pm – 5:30pm

Member \$270

Nonmember \$300

For more information:

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