



Middle School Boy's Summer League

TNT's Boy's Middle School Box Lacrosse league consists of a 1/2 hour of instruction and is followed by a 1 hour game each session. The League will have two 1.5 hour sessions a week. Box Lacrosse is a fast paced 6v6 arena game. All 5 field players play offense and Defense. With a smaller field and off the wall play, this league will be sure to improve any individual's fundamental skills, and endurance. Box lacrosse also improves the understanding of offensive and defensive strategies which will translate to a better understanding of outdoor lacrosse. All players will receive a lacrosse jersey.

6 Week program beginning week of July 6 – August 16, 2009

24 Player Maximum Enrollment

8 to 1 Player-Coach Ratio

Monday and Wednesday's

4:00pm – 5:30pm

Member \$270

Nonmember \$300

For more information and registration:

Juan Cruz, Sports Coordinator

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Magdalena Ecke Family YMCA

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